

## Treatment for First Responders & Military Personnel

### Frontline Responder Services

(Program addresses complex needs of firefighters, law enforcement, dispatchers, correctional officers, military & their families.)

Corbett Way, Easttown, NJ  
866-676-7500

### Safe Call Now

(A 24/7 help line staffed by first responders for first responders and their family members. They can assist with treatment options for responders who are suffering from mental health, substance abuse and other personal issues.)

1-206-459-3020

### Rosecrance Florian Program for Uniformed Personnel

(Program addresses the complex biopsychosocial issues unique to the culture of firefighters, paramedics, law enforcement officers, and military.)

3815 Harrison Ave., Rockford, IL  
888-928-5278

### COPLINE

(COPLINE offers a CONFIDENTIAL 24-hour hotline answered by retired law enforcement officers. Copline peer listeners provide assistance with the successful management of various psychosocial stressors that impact a significant number of law enforcement officers and their families.)

1-800-COPLINE, 1-800-267-5463

### International Association of Firefighters

#### Center of Excellence for Behavioral Health Treatment & Recovery

(Exclusively for IAFF members/ Treatment for Substance Abuse, PTSD, & other Co-occurring behavioral health issues.)

13400 Edgemoor Rd.  
Upper Marlboro MD.  
866-540-6604

### LIVENGRIN' Foundation

First Responders Addiction Treatment (FRAT) (Specialty program that is run by First Responders for First Responders: law enforcement, fire, EMS, corrections, and millitary personnel (veterans, reservists, active duty).

Multiple locations in: Philadelphia  
800-245-4746

## Veteran Services

### Veterans Crisis Line

1-800-273-8255 Press 1

### McGuire Medical Center

1-804-675-5000

### Considering treatment for opioid dependence or withdrawal?

Call SAMHSA's National Helpline: 1-800-662-HELP (4357). Get live help from this free, confidential,

24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for people and families facing substance use disorders.

Visit SAMHSA's confidential treatment locator: <https://findtreatment.samhsa.gov>

Find a reputable treatment facility near you in a quick, confidential online search.



# EMPOWERING Piedmont

Empowering Piedmont is dedicated to empowering our communities by providing awareness, knowledge, and readiness to combat substance abuse in our localities.



## Substance Misuse Resource Guide

This guide is designed to assist community members living in the Piedmont Region (Amelia, Buckingham, Charlotte, Cumberland, Lunenburg, Nottoway, and Prince Edward counties) in locating substance misuse support services.



@PAPSAcoalition

# Understanding and Recognizing Opioid Overdose Emergencies:

There are certain signs you can look for to tell if someone is really high or overdosing. These include:

Really High	Overdosed
Muscles become relaxed	Pale, clammy skin
Speech is slowed or slurred	Breathing is infrequent or has stopped
Sleepy-looking	Deep snoring or gurgling (death rattle)
Responsive to shouting, ear lobe pinch, or sternum rub	Unresponsive to any stimuli
Normal heart rate and/or pulse	Slow or no heart rate and/or pulse
Normal skin tone	Blue lips and/or fingertips

\*All information gathered from **REVIVE!** Opioid Overdose and Naloxone Education (OONE) for Virginia.

## Are you or a loved one at risk for an overdose?

**REVIVE! is the Opioid Overdose and Naloxone Education (OONE) program for the Commonwealth of Virginia. REVIVE! provides training to professionals, stakeholders, and others on how to recognize and respond to an opioid overdose emergency with the administration of naloxone (Narcan ®).**

Rapid REVIVE! trainings are for lay rescuers and take 5-10 minutes. This training covers understanding opioids, how opioid overdoses happen, risk factors for opioid overdoses, and how to respond to an opioid overdose emergency with the administration of Naloxone.

**Free Training Available:**  
Contact Crossroads CSB  
Prevention Services  
434-392-9461

## How can I get access to Naloxone?

Take a REVIVE!  
Training.

Contact your local  
Health Department.

Purchase at your  
local pharmacy.

## Medication Assisted Treatment

Dr. Timothy W. Corbett, M.D.  
324 Commerce Road, Suite A  
Farmville, VA  
434-392-9366

Health Center for Women & Families  
833 Buffalo Street, Suite 200  
Farmville VA  
434-392-8177

## Children's Services

**Virginia Family Services (VFS)**  
(Offers SA Intensive outpatient/  
SA Case management )  
1012 West 3rd Street  
Farmville, VA  
434-395-1200

**UP Foundation**  
(Offers SA Recovery Services, Mentoring,  
Counseling, Ages 26 & below)  
2420 Memorial Ave.  
Lynchburg, VA 24501  
434-381-0258

**Virginia Alcohol and Drug Programs &  
Treatment for Teens:**  
<https://www.addicted.org/virginia-adolescent-programs.html>

**Family Counseling Center for Recovery Southlake** ( Offers intensive outpatient program for substance abusing adolescents) 905 Southlake Boulevard, Suite C Richmond, VA 804-320-8032

**Al-Anon/Alateen Meetings**  
**Find a meeting: [al-anon.org/](http://al-anon.org/)**

Al-Anon members are people, just like you, who are worried about someone with a drinking problem.

## Collegiate Recovery Programs

**Longwood University— Longwood Recovers**  
[longwoodrecovers@longwood.edu](mailto:longwoodrecovers@longwood.edu)  
<https://www.longwood.edu/longwoodrecovers/>  
(434) 394-0656 - calls or text  
Follow @longwoodrecovers on Instagram

**Hampden-Sydney College — Tigers in Recovery**  
<https://www.hsc.edu/wellness/substance-education>  
(434) 223-6318

## Tobacco Cessation

**Quit Now Virginia**  
Tobacco User Quit Line  
Enroll by calling:1-800-784-8669 or by going to [quitnow.net/virginia](http://quitnow.net/virginia)

# Need Help Now?

<b>Crossroads CSB</b> <b>Same Day Access</b> 434-392-6455 Mon., Wed., Fri. 12:00 PM -3:00 PM Tue.,Thurs. 10:00 AM -1:00 PM	<b>Mental Health America of VA</b> <b>Peer Support Warm Line</b> M o n . - F r i 9:00 AM -8:00 PM S a t - S un. 5:00 PM -9:00 PM	<b>National Suicide Hotline</b> 1-800-784-2433 <b>VA Baptist Mental Health Consult</b> 434-200-3033
<b>Crossroads CSB</b> <b>Emergency Services</b> 1-800-548-1688		<b>Be Well VA</b> BeWellVA.com

# Alcoholics Anonymous

**Farmville United Methodist Church**  
212 High Street Farmville, VA  
Monday: 8:00 PM –Not Alone Group  
Wednesday: 8:00 PM -Not Alone Group

**St. John's Episcopal Church**  
400 High Street Farmville, VA  
Thursday: 12:15 PM -Nooners Big Book Bender

**VASAP**  
4026 West 3rd Street Farmville, VA  
Friday: 6:15 PM -Women’s Only Group

**Farmville Presbyterian Church**  
200 West 3rd Street Farmville, VA  
Saturday: 8:00 PM -Life Boat Group

**Southside Community Hospital**  
800 Oak Street Farmville, VA  
Sunday: 9:30 AM -Support Group

**College Church**  
418 College Road Farmville, VA  
Sunday: 7:30 PM -Lifeboat Group

**Meherrin Presbyterian Church**  
4999 Patrick Henry Hwy. Meherrin, VA  
Saturday: 1:00 PM -Joy of Living

**Payne Memorial Methodist Church**  
50 Stoney Point Road Cumberland, VA  
Friday: 8:00 PM -Courthouse Group

**First Baptist Church**  
16980 Oak Street Dillwyn, VA  
Monday: 7:00 PM -Buckingham Group

**Centenary United Methodist Church**  
12247 South Constitution Route Scottsville, VA  
Tuesday: 7:30 PM -Buckingham Group

**White Hall Methodist Church**  
860 Main Street Dillwyn, VA  
Thursday: 7:00 PM-Buckingham Group

Find a Meeting: aavirginia.org

**Emmanuel Episcopal Church**  
7825 Howardsville Rd Buckingham, VA W  
e d n e s d a y : 6 : 0 0 PM -A Way Out  
Group

**S t . Paul 's Episcopal Church**  
512 South Broad Street Kenbridge, VA  
Thursday: 8:00 PM -Kenbridge Group

**Briery Presbyterian Church**  
181 Briery Church Road Keysville, VA  
Tuesday: 7:00 PM -Keysville Reflections

**Baptist Church**  
4525 Main Street Drakes Branch, VA  
Friday: 8:00 PM -Drakes Branch Serenity Group

**Crewe Baptist Church**  
400 East Virginia Avenue Crewe, VA  
Thursday: 8:00 PM -Crewe Group

**V i c t o r i a Public Library**  
1417 7th Street Victoria, VA  
Wednesday: 8:00 PM -Big Book Bunch

**Crenshaw United Methodist Church**  
200 Church Street Blackstone, VA  
Sunday: 8:00 PM -One Day at a Time Group

**K i n g Street Church**  
150 King Street Keysville, VA  
Thursday: 7:00 PM

**Passion Community Church (PCC)**  
4480 Anderson Highway Powhatan, VA  
Monday: 7:00 PM (Green Rm) -There is a Solution  
Group

**Woodlake United Methodist Church**  
15640 Hampton Park Drive Chesterfield, VA  
Sunday: 8:00 PM -Woodlake Group

**Woodlake Springrun Presbyterian Church**  
Woodlake Courage Meetings  
6601 Woodlake Village Parkway  
Midlothian, VA  
Monday: 6:00 PM, Wednesday 6:00 AM,  
Thursday: 6:00 PM, Saturday: 6:00 AM

# Out Patient Treatment

<b>Crossroads Community Services Board</b> <b>Out Patient/Will Refer to Inpatient)</b> 214 Bush River Drive Farmville, VA 23901 Intake: 1-866-307-0370	<b>ARS Pantops Clinic Inc.</b> 103 S Pantops Dr # 102, Charlottesville, VA 22911 434-220-0080
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<b>Piedmont ASAP</b> 4026 West 3rd Street Farmville, VA 23901 434-392-8920	<b>SDI of Deer Run</b> 13900 Raised Antler Cir M i d l o t h i a n, VA 23112 804-639-2790
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<b>Centra’s Pathway’s Intensive Outpatient</b> 3300 Rivermont Avenue 4th Floor Lynchburg, VA 24503 434-200-4455	<b>The Virginia Center for Addiction Medicine</b> 2301 N. Parham Road, Suite 4 Richmond, VA 23229 804-332-5950 <b>Human Resources Inc.</b> Opioid Treatment Facility (Out Patient) 15 W. Cary Street R i c h m o n d , V A 2 3 2 2 0 276-293-9642 K i n g s v i l l e Family Services, LLC (offers Cocaine/Crack, Alcohol, Heroin, Benzodi- azepine, Oxycodone Rehab for adults over 18) 201 N Main St F a r m v i l l e , V A 434-234-2410
<b>Family Counseling Center for Recovery</b> <b>Southlake</b> (Offers intensive outpatient program for substance abusing adolescents as well) 905 Southlake Boulevard, Suite C Richmond, VA 804-320-8032	
<b>Virginia Family Services (VFS)</b> (offers SA Intensive outpatient/ SA Case management for children & adults) 1012 West 3rd Street Farmville, VA 434-395-1200	

# Residential Treatment

<b>Bridge Ministry</b> 3054 Dixie Hill Rd. Buckingham, VA 23921 (18-Month Men Only) 434-969-2991	<b>T h e Salvation Army Adult Rehabilitation Center</b> 2 6 0 1 H e r m i t a g e R o a d R i c h m o n d (6-month Men Only) 804-359-0269
<b>Rescue Mission Ministries</b> 402 4th Street SE, Roanoke, VA 24013 (Men & Women) 540-343-7227	<b>Centra’s Pathways Recovery Lodge</b> 1770 Earley Farm Road A m h e r s t , V A 434-200-4455
<b>Life Center of Galax</b> 112 Painter St, Galax, VA 24333 (Men & Women) 276-293-9642	<b>C e n t r a’s Medical Stabilization Unit</b> 3300 Rivermont Avenue L y n c h b u r g , V A 434-200-4455
<b>Richmond Behavior Health Authority</b> <b>(RBHA) North Campus</b> (Men & Women) 107 South Fifth Street Richmond, VA 23219 804-819-4000	<b>Region Ten</b> <b>Women’s Center at Moore’s Creek</b> (Women Only/Can bring up to two children under age 5) 90 Old Lynchburg Pace Charlottesville, VA 434-970-1390

# Residential Treatment

**Rappahannock-Rapidan Community Services**  
**Boxwood Recovery Center**  
(28-day Men & Women)  
540-547-2760

**Recovering Hands at Breezy Hill Farm**  
(Women Only: Extended-Care Center)  
4067 Beulah Rd. Nathalie, VA  
860-469-5462

**Mount Regis Center**  
(Inpatient ages 18-28, Residential ages 18+)  
125 Knotbreak Rd. Salem, VA  
540-404-1016

**Region Ten Mohr Center** (Men only / Must be detoxified and free of any medical condition that will interfere with compliance with substance addiction treatment.) 1014 E Market St, Charlottesville, VA 434-972-1800

**Crossroads Truth House**  
(Women Only: Min. 90 - day commitment/up to 24-months)  
625 Piney Forest Rd.  
Danville, VA 24540  
434-791-2767

**The Fix Ministry**  
(Men & Women: 12-18 months)  
4465 Mount Olive-Cohoke Road King William, VA  
804-473-9011

# Recovery Houses

**Oxford House**  
(Self-run, self-supported recovery houses for recovering alcoholics and drug addicts.)  
Multiple locations: Chesterfield, Petersburg, Lynchburg, Charlottesville, Roanoke, Williamsburg, Virginia Beach, Northern VA.  
301-587-2916    Oxfordhouse.org

# Church Led Addiction Ministries

**HOPE-Farmville Addictions Ministry**  
**Calvary Chapel**  
302 Industrial Park Rd. Farmville, VA  
Every Monday: 7:00 PM  
Phone: 434-315-0406

**Celebrate Recovery Small Group**  
**Love Covenant**  
897 W. Pridesville Rd. Amelia Court House, VA  
Every Friday: 6:30-8:30 PM  
Phone: 804-561-7300

**Celebrate Recovery**  
**King Street Church**  
150 King Street Keysville, VA  
Every Friday: 6:00-8:00 PM

**Recovery Small Group**  
**New Life Church**  
9 Mahn Rd. Farmville, VA  
434-392-6549

# Narcotics Anonymous

**Wesley Foundation**  
204 High Street Farmville, VA  
Saturday: 6:30 PM/Wednesday: 6:30 PM

**Kenbridge Baptist Church**  
500 East 5th Ave. Kenbridge, VA  
Monday 7:00 PM

**Halifax Regional Hospital**  
2212 Wilbourn Ave. South Boston, VA  
Thursday: 6:00 PM

**Passion Community Church (PCC)**  
4480 Anderson Hwy. Powhatan, VA  
Monday: 7:30 PM

Find a meeting at: [na.org](http://na.org)

# Please Dispose of Medication Properly

## Why does safe drug disposal matter?

**Intentional Misuse**-especially controlled substances, such as pain medications – can be intentionally misused to get high. This can lead to addiction and death.

**Accidental Use**-Accidental drug overdose is one of the most common sources of household injury. These numbers have begun to rise due to teens experimenting with prescription drugs.

**Health Risk**- Sharing medications can lead to dangerous health consequences; like serious side effects and serious interaction with other drugs the individual may be taking.

**Environmental Risk**- Never flush or pour medications down the drain. Medications can have a negative effect on environment and most waste water facilities can't filter out drugs.

# Proper Disposal Methods

1. Call your local sheriff's department for information on medication take-back events and drop box locations.



**Drop Box Locations:**  
**Amelia County Sheriff's Department**  
**Buckingham County Sheriff's Department**  
**Charlotte County Sheriff's Department**



**Crewe Police Department**  
**Cumberland County Sheriff's Department**  
**CVS Pharmacy, Farmville**  
**Kenbridge Police Department**

2. Get a free medication disposal bags, medication timer caps or locking medication pouches and boxes by calling Crossroads Prevention Services at: 434-392-9461.

3. Mixing: If no other method is available consumers can dispose of unwanted drugs through the following steps:

- A. Remove labeling from the pill bottle.
- B. Do not crush the pills or open capsules.
- C. Mix the drugs with an unpleasant substance, such as kitty litter or coffee

\*All information gathered from the Safe Drug Disposal Guide at [drugfree.org](http://drugfree.org)